

IKC International Kinesiology Conference October 2nd-5th, Assisi, Italy

Conference schedule and list of speakers up to May 1st 2025

OCTOBER 2nd

9.00 a.m. - 2.00 p.m. Registration

9.00 - 1.00 p.m. Introduction to kinesiology. Learning the basics of muscle testing. Free class for the new entries who have registered for the entire conference.

9.00 - 12.30 p.m. Guided visit with a Saint Francis monastic of Assisi. Basilica and promenade in Assisi (reservation required – radio guide required 3,00 euros).

2.00 - 3.00 pm Opening Ceremony with the International Kinesiology College

3.00 - 3.45 pm **Xavier Meignen & Floor Bosch, France**

Play and learn Touch for Health while having fun – How games make Touch for Health easier.

How games make learning Touch for Health easier. Learning Touch for Health can be fun and easy by using games and the different learning styles. The last few years we have spent a lot of time with the French instructors to develop games everybody can use during Touch for Health courses. All games are easy to incorporate in your lessons and can smoothen teaching. Students tell us learning becomes fun and easy. We would love to share these games with you!

3.45 - 4.45 pm **Sylvia Marina, Australia**

Soul-u-tions - The delicate art of passion, love, and illumination.

Have you noticed, life choices are either throbbing with entrapments, misunderstandings, fear and shame, belonging or rejection, or pulsating with enlightening energies of passion, love and understanding. The gift to the inner-self is to illuminate any possible story of lack or shame. Self question, in life right now, is this where I want to be?

4.45 - 5.15 pm Coffee break

5.15 - 6.00 pm **Volmer T. Raldi, Brasil**

Energetic Joint Liberation – LAE.

Energetic Joint Liberation (LAE) is a simple technique that activates the body's self-healing power. Through neuroenergetic testing, the primary cause is identified, corrected by local vibration and stimulation of neurovascular points, showing rapid results in practice.

6.00 - 7.30 pm **Rosmarie Sonderegger-Hofmann, Switzerland**

In peace with time - To-morrow we are all one day older.

In our times people are getting the longer the older. There are many “old souls” that are coming to workshops or private sessions. There is a biological and a biographic age. In this talk we will explore what it means in respect of the Chinese 5 Elements and learn about behavioral patterns that are leading to happy emotions and motions. Getting ready with an inspiring goal and lively balance!

OCTOBER 3rd

9.00 - 9.45 am **Tina Sabotic, Slovenia**

Optimum Health Balance – OHB Mini and 14 muscles balance.

OHB is a simple kinesiology method developed by Charles Banham which uses vibrational icons to identify and reset hidden stressors, restoring balance in the body and promoting well-being. OHB works in order of decreasing energetic frequencies, starting from the highest level and moving towards the structural body. This technique addresses physical, emotional, mental, and energetic imbalances. A simple yet powerful tool for self-healing and vitality.

9.45 - 10.30 am **Frederik Magre, France & Emielieke Geubbels, Holland**

A taste of Chinese Medicine - Application of Yin Yang for kineSOULogists.

Everyone in Kinesiology will learn about Yin Yang. Rather than just theorize, we'll bring the concept of Yin Yang to life. Where participants can even taste Yin Yang. We strive to bring deeper embodied understanding of the basic concepts of Chinese Medicine that are used in Kinesiology, enriching the experience in the practise.

10.30 - 11.00 am Coffee break

11.00 - 11.45 am **Henry Remanlay, Indonesia**

Taichi Play – Play in the ocean of Qi.

The curriculum of Taichi, especially Chen style, help the practitioner to understand the concept of Yin Yang at the physical, mental, and energetical level. The understanding of Yin Yang is important since Qi is produced from the interaction of Yin and Yang.

11.45 -12.30 pm **Eugenio Schlauzero, Italy**

Kinesoulology - Listening to which brain?

Listening to the person can be implemented on various levels that can correspond to our 7 brains developed over time where as Ernst Haeckel said "ontogenesis recapitulates phylogenesis" and the development and history of a single biological organism (ontogenesis), has parallels and summarizes the evolutionary development of its own species (phylogenesis) bringing with it conflicts and adaptations created over time to better implement the most effective response to the Allostatic Load that life imposes on us.

12.30- 2.00 pm Lunch break

2.00 – 2.45 pm Kirsten Liesner, Germany

Swim in the water of your life – Reflexes as inner guide and helper.

Reflexes are your inner guide for your first movement programme in life and also your helpers from early pregnancy. They influence, control and secure your first movement patterns in the (fruit-) water and on land and help you to master birth as a bridge into your life. At any time there may be challenges and the reflexes may not fully lived and utilised and how can Touch for Health strengthen and support you and your reflexes in everyday life.

2.45 - 3.30 pm Regina Biere, Germany

Achieve your goal with an optimal set up -Balance the Inner Team and give priority to the most suitable personality aspects.

This balance helps to illuminate the different personality aspects, the so-called inner team. Not every task requires the same personality aspects in the leading position. In this balance, the inner team is set up in a way that is optimal for achieving the goal. This is a simple self-help method that contributes to a deeper understanding of oneself.

3.30 - 4.15 pm Hugo Tobar, Australia

The Muscle Chakra Organ Relationship.

Modern day Energy Kinesiology is based on The Muscle Meridian Organ Relationship discovered by George Goodheart. Here I present a parallel system of Kinesiology 'The Muscle Chakra Organ Relationship'; where the Chakras interact with the muscles via the nerves. Here I will also show how the Chapman and Bennett Trunk reflexes are important for the correction of this method.

4.15 - 4.45 pm Coffee Break

4.45 - 5.30 pm Francesca Simeon Roig & Pablo Lopez, Spain

Integrative psychoenergetics - Balance the flow of energy in the enteric nervous system.

We intertwine science, energetics, shamanism, Sufism, visualization to enter altered states of consciousness and provoke significant changes in our lives. We will learn the self-sequence to improve our state and we will delve into the language of the abdominal brain – enteric nervous system.

5.30 – 6.15 Evelyne Rupp, Germany

Miniendocrine.

Neural Organization Technique restores optimal neurological function by addressing survival systems. This presentation highlights the Mini Endocrine Technique exploring its impact on neurodevelopment and behavioral challenges in children & adults.

6.15 - 7.30 pm Matthew Thie, U.S.A.

The Golden Anniversary of Touch for Health and the Golden Book - Simple Tools, Powerful Impact for KineSOULogy.

2023 marked 50 years of the first “Golden Book” of Touch for Health. In April 2025 we celebrated the 50th Consecutive TFH Conference San Diego, California. Let's rejoice in the Golden Principles to relieve stress & pain, and empower the light of our Souls.

7.30 - 9.00 pm Dinner time

9.00 pm Talent show

OCTOBER 4th

9.00 – 9.45 am Thierry Waymel, France

Kinesiology: an approach systemic-Reflection of the biomechanical, kinetic and emotional components of the laws of TFH (Touch for Health) - (Dynamic Postural Imprinting).

How can we read stress on the body ? Does the body express a law of Touch For Health ? Are there any biomechanical links related to the law of Touch For Health ? What emotional behavior do these laws translate into?

9.45 - 10.30 am Lucia Piva, Italy

Self-responsibility models - Reorganize your energy to choose, follow and support your well-being.

Defuse stress through two sequences of indicators to choose or test as appropriate. The indicators in the form of sentences probe different aspects and levels that concern interest, participation, the drive to take care of oneself by following one's inner self.

10.30 - 11.00 am Coffee break

11.00 – 11.45 am Daniela Deiosso, England

The Autonomic Response testing (A.R.T.).

A.R.T. is a comprehensive, highly accurate diagnostic method that assesses the coherence of light emissions of organs and structures in the body. It focuses on identifying and addressing the 7 most common factors that block or stress the healthy functioning of the nervous system and offers solutions for their correction.

11.45 -12.30 pm Silvano Schiochet, Italy

Goal or Stress - How to make a Goal or how to work on Stress

Setting a goal means creating a model of self-responsibility that directs the person towards what makes them feel good. Sometimes before a goal there is a concept and before that there is a stress that needs to be balanced. We

will walk together a path that explains these three different ways of working and how to clarify them effectively.

12.30 – 2.00 pm Lunch break

2.00 – 2.45 pm Maurizio Piva, Italy

Leodynamics – Pure energy from within.

Using one's own energy as a sounding board for vital energy to retune the shape, area and specific level of any structure of the body. Simple and powerful at the same time to help human beings to tune their energetic frequency to the correct and specific vibrational level of each part and aspect of our multilevel body-electromagnetism-mind system. Using the fundamental principles of yoga and associating them with the foundations of body electromagnetism and listening to the tissues, this system of listening and reorganization can be applied from the densest to the most subtle structures, including the mental, emotional and spiritual aspects.

2.45 - 3.30 pm Alexis Costello, Costa Rica

Anima / Animus development – the Yin and Yang of personality, soul, and shadow - Understand yourself and others better by balancing duality.

Jung's theory of anima and animus draws from his theory of individuation. This is important to understanding how we relate to the world. As individuals are made aware of their anima or animus (which we will work with through yin and yang, Conception and Governing Vessels) it allows them to overcome thoughts of who they ought to be and accept themselves for who they really are. We will use muscle testing to identify and correct imbalances and shadow aspects of these parts of the self.

3.30 – 4.15 pm Annet Maria Augustijn, Holland

High Sensitivity and Kinesiology: Understanding and Supporting HSP Clients.

A journey through challenges and resources to improve the well-being of Highly Sensitive People

4.15 - 4.45 pm Coffee break

4.45 - 5.30 pm Daria Kovalchuk, Ukraine

How to cope with the safety trauma and be more connected to your Soul? - Kinesiologic techniques for correction of security trauma and restoring contact with one's body and soul.

What is Trauma? What is Security Trauma and how does it affect the perception of the self and the world? How does Security Trauma affect the ability to be in touch with oneself, one's body and soul? Why does Security Trauma cause us to stop hearing ourselves and alienate us from ourselves? How does the Security Trauma mechanism work? How do early childhood experiences influence the formation of Safety Trauma. How can Kinesiology help to cope with the safety trauma and restore a person's connection with his/her body and soul? Kinesiology is a unique tool that can be used to detect and correct Safety Trauma.

5.30 – 6.15 pm Ger Casey, Ireland

Seven bodies Seven chakras – How frequencies affect our subtle energy.

This explores how chakras are not just centres in one body but expresses differently and activate across different planes of existence. The chakras all have various qualities and frequencies. Combining the correct chakra, subtle body and frequency will have profound effect on the hidden aspects in the body.

6.15 - 7.30 pm Adam Lehman, USA

Trust – The Root Of All Balance - How Choosing To Trust Is Critical To Personal And Global Advancement.

In this presentation, I will discuss the issue of trust and its effect on the individual and the world as a whole. It is my opinion that trust is as inherent and important as love (and is often considered as being necessary in order to love)... yet is very overlooked as a critical component and goal for healing. The nature of trust from both a brain and heart perspective will be explored in depth. A balancing procedure will be offered, and a demo if time allows. (PS... trust is definitely a soul related emotional state).

8.15 pm Gala Dinner*

OCTOBER 5th

9.00 – 9.45 am Marco Rado e Monica Angelillo, Italy

The soul and the “9 pains of the heart”.

"The nine pains of the heart" do not really refer to cardiac symptoms, but indicate an approach to issues that put the heart in difficulty as the seat of the Shen (Mental-Emotional-Spiritual Energy according to Traditional Chinese Medicine). They can also be defined as the nine challenges of the Soul. They are the tests that the individual faces during the development of his existence: if he is not able to understand and overcome them, he will develop blocks, alterations, which can be both psychological and physical in nature, with symptoms in various parts of the body and of various nature, which have their root in the difficulties encountered by the Shen in facing that particular challenge.

9.45 - 10.30 am Atsuko Schaedel, Japan

The Glymphatic System : helping to detox from your brain & system.

The Glymphatic system is a fascinating waste clearance system in the brain. It helps remove metabolic waste and toxins. This system relies on cerebrospinal fluid to flush out waste from the brain. Mental Clarity, emotional balance, and even spiritual awareness are deeply connected to how well our brain functions. I developed a simple technique to activate Glymphatic system and excrete all sorts of waste / toxins from organs using Touch for Health

techniques. This helps children with developmental delay, autism, learning difficulties etc from vaccine effects.

10.30 - 11.00 am Coffee break

11.00 – 11.45 am Maurizio Ugo Rodriguez, Italy

Induced Energy Drainage - If it exists, what do we kinesiologists do?

Muscle testing has indicated, as an appropriate term for "Energy Drainage", the term "Detachment from one's essential self". So we observe and treat those forms of attractive energy of a manipulative type that distract the person from their vital essence or "soul". There are four consequential steps that, starting from the game or "ludism", are aggravated through the "Word Power", the "Visual Motivational Cards" up to the "Window Points" of the distinct meridians.

11.45 -12.30 pm Koves Szusanna, Hungary

"You are responsible for your rose!" (Antoine de Saint-Exupéry: The little prince).

Responsibility... what does the Hungarian dictionary say about it? "...responsible, accountable....." The question is: for whom/for what? And to whom? The answer is obvious: for myself/to myself. I would like to explore this question in an ethical-liberal-democratic context. ((Maybe it's a triangle? And how does that relate to kinesiology?))

12.30 – 1.45 pm Lunch break

1.45 – 2.30 pm Viktoria Baranyai, Belgium

The language of the soul – Through body and energy – A presentation of the Body Energie method.

Today I invite you on an inner journey, where the body is not only structure or function but truly a messenger of the soul. The Body Energie method was developed from deep listening, intuition and presence. We will explore how the practitioner presence becomes a powerful tool for change. This presentation will be a moment of discovery but also experience. Body Energie is not something we just explain, it is something we live.

2.30- 3.15 pm Masanari Enomoto, Japan

Emotional regulation using herbal teas.

I have found herbal tea therapy to be a self-care practice for emotions and various stresses. I will discuss self-care using herbal teas. The most important aspects are metaphors and the five senses.

3.15 - 4.00 pm Claudia Kalbermatter, Switzerland

Touch for Health and the importance of focusing on self-efficacy - How important is it, as a Tfh instructor or practitioner to put focus on the self-efficacy of Tfh?

In Switzerland, Tfh has developed into a holistic form of therapy within complementary medicine that is recognized even by health insurance companies. However, the idea of self-efficacy has been lost. Here is an approach to counteract this with Tfh students, instructors and practitioners by putting focus on the strengthening methods of Tfh in order to regain more self-empowerment and personal responsibility.

4.00 – 4.45 pm John Maguire, USA

The beginning and end acupressure points on the face

In his book *Stop Your Pain Now!*, Dr. Wally Schmitt, DC, shows how to relieve pain by tapping the beginning and end meridian points on the face. Some of these points are used in EFT (Emotional Freedom Technique). Here, you will also learn how to use these points to clear upsetting emotions, balance muscles, organs, meridians, correct nutritional sensitivities, and balance brain neurotransmitters.

4.45 - 5.30 pm Panel discussion and Closing Ceremony.